

What is Mitochondrial Disease?

- Mitochondria are the power plants in every cell, in every person's body.
- Mitochondria create 90% of the energy your body needs.
- Parts of the body that need the most energy are affected - the heart, muscles, lungs & brain - suffer the most.
- Every 30 minutes a child in the US is born with a mitochondrial disease. Many suffer from severe and devastating symptoms for which there is no cure and no effective treatment.
- Some of these affected children may not survive beyond their teenage years.
- The UMDF New England Walk has raised more than \$130,000 over the last 7 years for research and support.
- UMDF is the leading contributor of grants to mitochondrial researchers
- Your support enables UMDF to fund these research grants.
- YOUR SUPPORT HAS A HUGE IMPACT!



PRIZES AND AWARDS

- Prizes will be awarded to the top 3 pledge collectors. All pledges collected are greatly appreciated.
- **Grand Prize:** Your choice of 4 night waterfront stay in Long Island's North Fork, or \$500 worth of LEGO® toys! 2nd and 3rd place pledge collectors will also receive awards.

LEGO® is a registered trademark of the LEGO Group. © 2008 The LEGO Group. All rights reserved.

WALK DAY DETAILS

WHEN

Saturday, September 27, 2008

(RAIN OR SHINE)

Registration and family activities begin at 9:00 am

Walk begins at 11:00 am

WHERE

LEGO Campus
555 Taylor Road
Enfield, CT

For detailed directions, visit
www.mitowhat.org

LOTS OF FUN FOR KIDS

- Music, family building activities, raffle prizes, awards and food.

JOIN THE FUN!

Visit our Raffle Table for a chance to win awesome prizes while helping the UMDF!



UMDF New England
16 Ryan Drive
Ellington, CT 06029



**Saturday
September 27th
2008**

Registration: 9:00am

Warm-up: 10:45am

Walk: 11:00 am

**LEGO Campus
555 Taylor Road
EnField, CT**



Emily

Matthew

Natalie

Billy

www.mitowhat.org

Walk For
FREE!

You have the option to waive your entry fee if you collect a minimum of \$75 in pledges. Family entry fees will be waived if a minimum of \$100 is collected in pledges.

OPTIONAL PLEDGE

Don't Forget to ask your employer about their matching gift program!

	SPONSOR'S NAME	ADDRESS & EMAIL	AMOUNT
1			\$
2			\$
3			\$
4			\$
5			\$
6			\$
7			\$
8			\$
9			\$
10			\$
11			\$
12			\$
13			\$
14			\$
15			
16			

Pledge money is due the day of the event or can be mailed to UMDF New England, 16 Ryan Drive, Ellington, CT 06029. Please bring your pledge list, checks should be payable to UMDF. Pledge envelopes are available. Visit www.mitowhat.org to pledge via credit card. You can also create a Team, and send e-mails to Friends and Family so that they can donate to your team!

\$

TOTAL

Name of Person of Family Walking

Participating in honor of ...

ENTRY FEES

- \$20 with T-Shirt
- \$10 without T-shirt

Children 10 and under and Mito patients FREE

Additional T-shirts may be purchased:
\$10 adults and \$5 child.

PROCEEDS

100% of the proceeds will benefit the United Mitochondrial Disease Foundation. Contributions are tax deductible within the extent of the law.

Please send donations to:
UMDF New England
16 Ryan Drive
Ellington, CT 06029
860-836-2370

Now accepting online credit card donations!

Website: www.mitowhat.org

DIRECTIONS

PLEASE VISIT:
<http://www.mitowhat.org> for directions to Mito Walk at the LEGO Campus

555 Taylor Road
Enfield, CT

SPECIAL THANKS TO

GOLD SPONSOR



SILVER SPONSOR



Thank you to the MANY volunteers and to those sponsors and contributors that donated after we went to print.



Cut Along Dotted Line

RETURN THIS FORM by September 20, 2008 (with Check payable to UMDF) to: UMDF, 16 Ryan Drive, Ellington CT 06029 • 860-836-2370
or register online at www.mitowhat.org

PLEASE COMPLETE

T-Shirt Size/s: ☐ M ☐ L ☐ XL ☐ 2XL

Child Size/s: ☐ 6-8 ☐ 10-12

Amount Enclosed: _____

I cannot attend, but will donate: _____

USE OF ROLLER SKATES OR ROLLER BLADES ARE NOT PERMITTED ON THE COURSE. NO ONE MAY ENTER WITHOUT SIGNING THE OFFICIAL WAIVER.

SIGNATURE*

SIGNATURE - of participant or parent/guardian of children participants under the age of 18

EMERGENCY CONTACT Name _____ Phone number _____

*All adults required to sign.

NAME (First) _____ (Last) _____

Home (Street Address) _____

Home (City, State, Zip) _____

EMAIL _____

☐ INDIVIDUAL or ☐ FAMILY PARTICIPATING IN HONOR OF _____

I, the undersigned Registrant or parent/guardian of the Registrant, if a minor, agree that the Registrant shall abide by all rules and instructions given by the organizers and volunteers of the 2008 Mito Walk and Family Fun Day (the "Event") at all times during the course of Registrant's participation in the Event. Recognizing the possibility of physical injury associated with the participation by the Registrant in the Event and in consideration of the acceptance by the Event organizers of the Registrant for participation in the Event, the undersigned hereby releases, discharges and agrees to indemnify UMDF, the LEGO Group, Theory, Penwest, all other sponsors, the directors, officers, and employees of UMDF, the LEGO Group, Theory, Penwest, and all other sponsors, and the organizers and volunteers involved in any manner whatsoever in the Event from and against any claims or liabilities resulting from or arising out of the Registrant's participation in the Event. I hereby certify that Registrant is physically fit, and has sufficiently trained for participation of this event. I also grant permission for the use of Registrant's name and/or picture in any broadcast, photograph or other account of this event.



Maggie



HOSTED AT LEGO
SYSTEMS INC.



Zahra

OUR MISSION: To promote research for cures and treatments of Mitochondrial Disorders and to provide support to individuals and affected families.